



Narthex - Journey to change!

 Bhavna Chaudhary

Newsletter - July 2024 [↔](#)

We hope this newsletter finds you in good health and high spirits. As always, we're excited to share the latest news on our initiatives, success stories, and developments from our organization. To all our team members, volunteers, funders and partners out there, your unwavering support and commitment to our cause continue to inspire us every day.



Geoff Holt - HR/Finance Director & Trustee Narthex

QOTM

"Changing the world begins with a single act of kindness. Let's give with love, serve with humility, and inspire others to join us on the journey of making a difference."

Senior Management Spotlight

We'd like to recognize the exceptional efforts of our dedicated team members who tirelessly contribute their time and skills. This month, we shine the spotlight on Geoff Holt - HR/Finance Director & Trustee Narthex who has been an invaluable asset to the organization since its inception. His passion and commitment to helping others have made a lasting impact on the lives of countless individuals. Thank you, Geoff, for being a true embodiment of our organization's mission.

Fundraising event by M.E.L Research

Sophi, Karen and Holly work for MEL research and raised funds for **Narhex as their charity of the year**, a part of their CSR purview!

Sophi and Karen ran the half-marathon and Holly the 10k and raised £940 for Narhex that we gratefully received.

Narhex is often seen as a lifeline for those struggling with the rising cost of living in and around the culturally diverse, yet hugely deprived area of southeast Birmingham - Sparkhill. M.E.L. Research believes in our cause of offering a holistic approach to individuals and families to emerge from crisis and build fulfilling lives.

Stay tuned for more details on how you can join us in supporting our vital initiatives as we launch our partnerships and collaborations programme.

Upcoming initiatives

In our ongoing pursuit to expand our reach and deepen our impact, we are excited to announce our newest initiative - Fuel Efficiency Workshops to address fuel poverty,

Due to the recent cost of living crisis, and its wide-ranging impact on numerous households, we have seen a significant increase in demand for support related to fuel poverty. In response, Narhex is offering free workshops focused on energy efficiency tips and available energy support. These workshops aim to help households adopt more efficient fuel usage habits, maximise their fuel benefits, and reduce overall costs. Narhex can assist clients in reducing or eliminating fuel debt and support with fuel vouchers, if eligible.

We would like the opportunity to visit organisations and community groups in Birmingham to deliver this 20-minute Fuel Poverty Workshop to anyone who may benefit from this support. Please contact Narhex via email at enquiries@narhex.org.uk

Life at Narthex

Did you know that every month, a staff member from Narthex prepares a shared meal for the team that is authentic to their home country as a way of celebrating our diversity? This month we had a lip-smacking BBQ by our Armenian team members!

Until next time

Thank you for being an integral part of the community. Together, we can continue to bring hope, joy, and opportunity to those who need it most. If you have any questions, suggestions, or want to help out with a current project, please don't hesitate to reach out to us. Our contact details are:

Phone: 0121 753 1959

Email: enquiries@narthex.org.uk

Website: www.narthex.org.uk

Address: St. John's Church, St. John's Road, Sparkhill Birmingham B11 4RG