



# Narthex- Journey to Change



Bhavna Chaudhary

## Newsletter - August 2024

We hope this newsletter finds you in good health and high spirits. As always, we're excited to share the latest news on our initiatives, success stories, and developments in the month of August. These are exciting times for Narthex and for this we thank all our team members, volunteers, funders and partners. Your unwavering support and commitment to our cause continue to inspire us every day.

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### **QOTM**

*"It is every man's obligation to put back into the world at least the equivalent of what he takes out of it."*

*Albert Einstein*

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## Multi-Tasker Spotlight

We'd like to recognize the exceptional efforts of our dedicated team members who tirelessly contribute their time and skills. This month, we shine the spotlight on the multi-tasker Sufina Akhtar - managing the dual role of Benefit advisor and Accounts Assistant at Narthex. Sufina has been an invaluable asset to Narthex since the last five years. Her compassion and dedication to offer guidance and support as an advisor has been instrumental and made a lasting impact on the lives of countless individuals. She is equally good at Bookkeeping at Narthex, if not better! With her very empathetic nature Sufina has also chosen to study counselling where she has the opportunity to further develop her abilities to better serve the community.

Thank you, Sufina, for being a true embodiment of our organisation's mission.

## Outreach Programme by Narthex

The Narthex Advisors Outreach Programme is an initiative aimed at supporting residents of Birmingham during challenging economic times. This programme focuses on several key areas, including cost of living support, fuel efficiency workshops, and general advice and guidance.

## Upcoming initiatives

### [September 6th: National Food Bank Day](#)

Collaboration with Springfield's Child Friendly Neighbourhood as we run a food collection drive! National Foodbank Day is marked on the first Friday of September which is on 6th

Our advisors have attended three such programmes in the month of August supporting the cost-of-living events by Shaw Trust and East Birmingham Community Forum and a fuel efficiency workshop at Sutton Coldfield United Reform Church. These programmes are designed for those struggling with the current economic challenges, providing them with the tools and support they need to navigate through tough times.

Stay tuned for more details on our vital initiatives as we launch our fully functional community engagement programme with partnerships and collaborations.

September this year. Hunger is a continuing problem in our global community and National Food Bank Day is a reminder for everyone to be mindful of this fact and to make sure that no one goes to bed hungry. Supporting National Food Bank Day supports the less fortunate in our community. Youth volunteers from Springfield's CFN will be supporting in food collection at ASDA, Small Heath for Narthex Sparkhill Foodbank. For more details please contact Narthex via email at [enquiries@narthex.org.uk](mailto:enquiries@narthex.org.uk)

### [September 7th: Narthex Sparkhill Carnival](#)

At Narthex-Journey to change, we love a good community event and heartily welcome everyone to a fun-filled day in the Sparkhill Park. With this event we aim to celebrate shared culture & heritage and foster community feeling. Narthex IAG team will be present for a drop-in advice service while promoting our other activities. With Morris Dancers and Bollywood Singers, we hope everyone enjoys a beautiful day in the park. Mark the Date: 7th September, 12noon to 4pm at Sparkhill Park.

### **Life at Narthex**

We are always super stoked to celebrate the presence and support of our amazing volunteers who share their time, efficiency and generosity with us. Like every year, this August too, we invited our incredible volunteers for a fun-filled barbecue in the church courtyard.

It was our way of saying a heartfelt THANK YOU for all their dedication, hard work, and compassion.

<https://shorturl.at/j4vYN>

### **Until next time**

Thank you for being an integral part of the community. Together, we can continue to bring hope, joy, and opportunity to those who need it most. If you have any questions, suggestions, or want to help out with a current project, please don't hesitate to reach out to us. Our contact details are:

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